

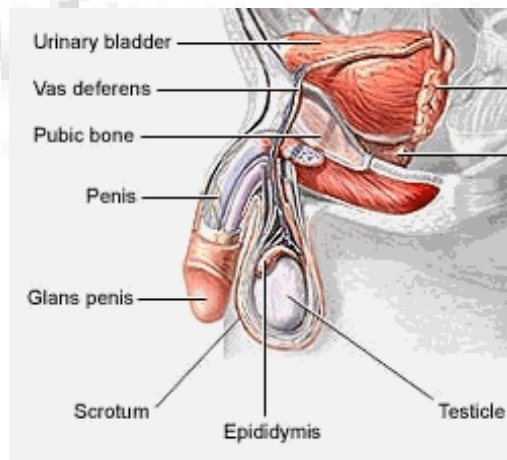
**Tormenting of the Precious:
Maintenance & Mayhem for
the male's soft spots**



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Cock and balltorture, tease or torment. However you choose to end this common male sub term, it all boils down to one thing: causing an intense reaction in your male by administering various techniques to his genitalia. There is no correct way to play with the C&B. One person may like simple light tickling while another enjoy extreme needle play. But no matter what you are doing, there are some basic biological, safety and cleanliness factors you will need to take into consideration. Let's start with basic anatomy 101.



The scrotum is the loose skin sack that contains the testicles, or balls. Separating the two testes is a thin wall of muscle, called the septum (similar to our nasal construction). This "wall" keeps each testicle in its own area of the scrotum. Outwardly, a ridge called the raphe divides the two. This is the ridged fold of skin running in the middle of the scrotum. The testicles tend to be pear shaped and one is usually larger than the other and hangs lower. Connected to each testicle is the spermatic cord. Similar to communication wiring, these are many tubes sheathed in one. These tubes supply the testicles with blood and contain many sensitive nerve endings. With rope bondage especially, these tubes must be considered as they can become twisted during the manipulations. Be careful, if they become twisted, irreparable damage can occur.

The skin surface area of the penis might look thick, but it is actually thinner than other areas of our bodies. Run your fingers over it and you will see how thin it is. Of course, this is so to allow for the erection to occur. The skin must be more pliable. Take this one step further and you will know that the blood vessels in this area are also extremely compacted and intense. Think sponge! Any type of impact or comprehension in this area must be tempered with care for these vessels. CBT is an exact science for those interested enough in how to cause the most reaction with the least damage. I for one do not desire to break my toy for future play.

SAFETY

Before any CBT scene or any scene, you want to check the vital body stats. How long ago did he eat? Did he drink recently? Is he on any medications?

These are all safety questions we ask normally before playing but with cbt play, the answers can effect what type of play you can do. If he has been drinking, you might want to stay away from heavy flogging or impact and needles due to the blood being thinner. Same if he is one medication with that effect. If he has not eaten recently, he will not be able to tolerate intense impact or kicking and stomping.

Also remember thinner skin, more blood vessels will result in blood clotting quicker, especially if the area is restrained in any way such as with rope. When constricted, the area will turn red and purple. A deep purple is a color that cues the activity might need to cease. Also, an erect penis can not take as much impact as a flaccid.

CLEANLINESS

Besides the basic shower, the rest is up to the individuals involved. I would highly suggest shaving the area if possible. It makes for much easier administration of most cbt devices and procedures. However, I know some women who prefer the hair and the pulling of it as an additional sensation. So, it's up to you both. If you do decide to remove the hair, here is a simple procedure for doing so safely:

- ✚ First, do not use hair dilapatories such as Nair. It will burn the skin.
- ✚ and trim carefully.
- ✚ Soak in a nice hot tub or shower to open the pores.
- ✚ You can purchase special shaving lotions for the area. But a nice Trim off as much hair as possible first with safety scissors or electric trimmer. Go with the grain. If your balls are really hairy, pull the sac out shaving gel will work nicely. Try to stay away from the real lathery creams as they will obscure your target!
- ✚ Start with you testicles. With two fingers, grasp the loose skin of the area you want to shave first. Work with the grain. Do this until whole area is done. The repeat it but this time going against the grain. Move on with same technique to your penis and area above if you desire.
- ✚ Pat dry with clean towel then put some antiseptic cream on area to prevent infection. Put some corn starch on area to prevent chafing. Also, you might want to wear loose boxers for a day or so to let area breath.
- ✚ Repeat process frequently.

Almost all CBT can be classified under one of these headings:

IMPACT

This includes anything you use to hit the area. It may include whips, paddles, rubberbands, feet, boots and hands. I find flat objects work best, more precise in their aim. Large floggers are too difficult to wield in the area. Invest in some short cbt floggers designed for the area. Crops are wonderful for cbt!

One of my best tools for cbt are my hands. Cock slapping is a favorite of mine. It is best to use your palm flat side down. If you are unsure how hard to hit, a helpful gauge is your hand. Place it under the cock and balls for support then slap, flog or spank the cock. Not only will you be able to tell how much force you are using but it will provide support for the area and provide a completely different sensation from free floating.

Finger flicking is another wonderful idea and can get a beginner use to impact. It is easy for you to control the intensity of the flick.

A word here about ball kicking. While it is a really hot idea for many, it must be done with very controlled kicks. I know only two men who can take full force kicks. Most are only able to deal with light tapping. You can choose one of two approaches: top down or top up. I find that top down with your foot over the area and brought down is far less painful due to the lessened force you are able to put behind it. This is a good way to start for those new to ball kicking. Top down is much more painful and severe for the male. You are coming up under the scrotum. So start out slow with your foot under the scrotum. You do not need to move your foot very much to get a reaction. Just a flick will do for most men. Then work up in power from there. If the sub feels nauseous at all, STOP! When you have the hang of it, you may begin to kick from different angles. You want to kick in such a way that the balls are never crushed between your foot and his body. Same rules for kneeling and punching the balls.

RESTRAINT

Rope, rings, cages, ball presses and crushers, tape, vet wrap.

No rope handy then consider scarves, pantyhose or neckties.

With your rope, it should be thinner than the rope used for other bondage. Do not use thick rope meant for arms and legs.

Cock Rings: What I like to call the "hidden collar". These come in so many varieties a seminar could be given on just them. This is an excellent overt way of controlling and marking the male as your property.

If you want to really play with the sub's head, one of my favorite devices is the horse castration clamp available at more tack shops. It looks mean, clamps hard and can hold lots of weight. Be careful of pinched skin when using it.

Rule of thumb here: make the sub assist you if he can. With some of the more complex devices and ties, it is helpful for the male to pull his package away from the body. Also with the ties restraint, keep your medical scissors close by if you need a quick release job. It is better than fiddling with trying to untie the knot while he's wiggling. My bondage paper deals fully in different types of ties and materials to use.

SENSATION

Again, your hands can be best your best tools here. Twisting, pinching, squeezing are all effect forms of cbt. With these you must keep in mind the safety tip to never severely yank or twist the upper scrotal area due to the vas deferens. Twisting these could cause what is commonly known as blue balls or. Sensation has the widest range of cbt techniques. It can be as light as a feather or as severe as cinnamon oil.

Waxing, pinwheels, spiky toys, feathers, ice , fur

Ointments: Ben-Gay, Icy-Hot, Flexall, Tiger Balm, Ginger Root

Electricity: a seminar unto itself

Some of my favorite ideas:

- ✚ Freshly shaved, spray area with rubbing alcohol.
- ✚ Shave almost completely, leave some short hairs then tweeze them out.
- ✚ Clothespins all the way around the scrotum.
- ✚ Rubber bands around the cock, balls or both. Then flick the bands. Be careful as this can break skin!
- ✚ Ginger root sound. Make sure you remove all loose strands.
- ✚ Hairclips with teeth on the loose scrotal skin. Find the most humiliating types such as little butterflies or hearts!
- ✚ Bristly hairbrushes on the skin.
- ✚ For those afraid of sharp pointy things a blindfold and credit card edge wooden skewer can work wonders.
- ✚ Weight game: place the cbt area in bondage using a parachute, horse clamp or rope with loop left over. Then place a bucket on the end. Fill it with whatever you desire. I find water is easy. Sand or weights. It can be a small bucket for beginners.